CONTACT US
WE ARE OPEN BETWEEN 9AM AND 5PM MONDAY TO FRIDAY, ALTHOUGH APPOINTMENTS CAN BE OFFERED OUTSIDE OF THESE HOURS
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CONFIDENTIAL, FRIENDLY SUPPORT FOR YOUNG PEOPLE ABOUT DRUGS AND ALCOHOL
WHO WE ARE

We’re a confidential drug and alcohol service for young people aged between 10 and 18. We won’t judge and we won’t tell you what to do. We are here to listen and to support you to make the positive changes that you want.

We have a skilled team with many years’ experience of supporting young people to live happier, healthier and safer lives. Our workers can also come to see you wherever is most convenient for you.

WHAT WE OFFER

- Advice and information around substance use
- One-to-one sessions with a key-worker
- Sexual health support
- Stop Smoking advice and support
- Support if you are worried about someone else’s drug or alcohol use

ARE YOU...

- Concerned about your drug and/or alcohol use?
- Concerned about someone else’s drug and/or alcohol use?
- Aged 10 to 18 and live in Wakefield?
- Wanting someone to talk to in confidence?

Then we can help

“MY WORKER WAS VERY HELPFUL AND EASY TO TALK TO. I GET ON BETTER WITH MY PARENTS AND IT HAS CHANGED MY ATTITUDE TO DRUGS AND ALCOHOL.”